

My Corner. My Commitment.

MY CORNER (circle one):



C01

The Exhausted Striver



C02

The Anxious Ally



C03

The Unconscious Default



C04

The In-Between

WHAT RESONATED:

WHAT SURPRISED ME:

This week, I will...

Prompts: C1: let one thing be someone else's job · C2: use the script without changing it

C3: count who speaks and who doesn't · C4: name where you are standing
